

## Fall Fun Rally 2023 Menu

### Saturday Breakfast

Biscuits & Sausage Gravy, Bacon, Eggs, Fruit, Coffee, Milk, Orange Drink

GF: Gluten Free Biscuits

Veg: Meat free gravy, Beyond Meat sausage

### Saturday Lunch –

Lunch to go, served in the field for the *Sip 'n Sync* Program

Chicken bacon ranch wraps, Chips, Cookie, Granola bar, Fruit

GF: Brownies, GF wraps

Veg: Veggie Wrap

### Saturday Dinner –

Homemade Lasagna, Garlic Bread, Salad, Vegetable, Fresh Baked Pie, and assorted beverages.

GF: Baked Chicken Breast, Gluten Free Garlic Bread, Gf Brownie

Veg: Veg Lasagna

### Sunday Breakfast

Pancakes, Hashbrowns, Sausage, Yogurt, Fruit, Coffee, Milk, Orange Drink

GF: GF Pancakes

Veg: Beyond Meat Sausage

Note: \*\*vegetarian and gluten free options available with advanced registration\*\*